



Aisling Bea

Profile

Aisling Bea is a BAFTA award-winning comedian, actor, writer and producer.

As a comedian, Aisling has appeared on shows like **QI**, **Taskmaster**, **Ru Paul's Drag Race** as a judge, **8 Out of 10 Cats Does Countdown**, **A League of Their Own**, **The Big Fat Quiz of Everything**, **Late Night Lycett**, **The Last Leg**, **Live At The Apollo**, **Russell Howard's Good News**, **The Jonathan Ross Show** and **The Graham Norton Show**. She recently appeared as a contestant on **LOL: Last One Laughing Ireland**, for Amazon Prime. In 2011, she became the first woman in 20 years to win the prestigious **So You Think You're Funny?** competition for new stand-ups and in 2016 became the first ever female team captain of long-running panel show **8 Out Of 10 Cats**.

She won a **British Comedy Award** for **Best Female Comedian** and has a mini Stand Up Special as part of Netflix's **The Comedy Line Up**, available to stream globally. Aisling recently announced dates for a 2026 tour in the UK and Ireland.

Her brilliant 5-star series **This Way Up** that she wrote, produced and starred in aired on Channel 4 in the UK and on HULU in the US, earning Aisling the **BAFTA TV Craft Award** for **Breakthrough Talent**. Aisling has been seen as the lead in the blockbuster film based on the music of Take That, **Greatest Days** and in Sky romcom **Smothered**. Most recently, she's been seen opposite Domhnall Gleeson in new romantic drama **Alice & Jack** for Channel 4 and dark comedy feature **& Mrs** opposite Colin Hanks and Billie

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Lourd. Aisling can now be seen in the second series of Romesh Ranganathan's popular BBC One series **Avoidance**.

Aisling has had lead roles in Netflix Original series, **Living with Yourself** opposite Paul Rudd, Netflix feature film **Love Wedding Repeat**, Nick Frost's 2024 British comedy horror, **Get Away**, James Graham's multi-award winning TV adaptation of his Olivier-winning stage show **Quiz**, the hugely popular Disney remake of Home Alone, **Home Sweet Home Alone** and the New Years Eve Special of **Doctor Who**.

Other acting credits include roles in BBC drama **Hard Sun** from Luther creator Neil Cross, the acclaimed BBC drama series **The Fall** with Jamie Dornan and Gillian Anderson, E4's show **Gap Year**, Sky 1's **Trollied**, ITV series **Delivery Man**, Sharon Horgan's show **Dead Boss** and Channel 4's **The Damned**.

Aisling has scripts in development in the UK and US, script edited **Greatest Days** and also co-wrote **Affairs Of State**, a movie in development with Star Thrower.

Awards

Nominee: BAFTA TV Awards for The Female Performance in a Comedy Programme 2022 (This Way Up)

Winner: NME Awards Best Actor 2022 (This Way Up)

Nominee: Writers' Guild Of Great Britain Best TV Situation Comedy 2021 (This Way Up – Series 2)

Winner: BAFTA Breakthrough Act 2020

Nominee: RTS Awards Breakthrough Award 2019

Winner: British Comedy Awards Best Female TV Comic 2015

Nominee: Fosters Comedy Award Best Newcomer 2013

Winner: So You Think You're Funny 2012

Credits

TV

- Who Do You Think You Are (Guest, BBC1, 2025)
- Blankety Blank (Guest, BBC1, 2025)
- At Home With Katherine Ryan (Guest, U&W, 2025)
- Taskmaster: Taskmasterclass (Guest, Channel 4, 2024-2025)
- The Jonathan Ross Show (Guest, ITV, 2019, 2021 & 2024)
- QI (Guest, BBC2, 2015-2024)
- LOL: Last One Laughing Ireland (Performer, Amazon, 2024)
- Late Night Lycett: It's Christmas! (Guest, Channel 4, 2023)
- The Last Leg (Guest, Channel 4, 2017-2023)
- The Great British Bake Off: An Extra Slice (Guest, Channel 4, 2021 & 2023)
- Ru Paul's Drag Race UK (Guest Judge, BBC1, 2022 & 2023)
- The Big Narstie Show (Guest, Channel 4, 2022)
- Rhod Gilbert's Growing Pains (Guest, Channel 4, 2021)
- One Night In (Guest, Channel 4, 2021)
- I Literally Just Told You (Guest, Channel 4, 2021)
- The Kelly Clarkson Show (Guest, NBC, 2021)
- The Late Late Show with James Corden (Guest, CBS, 2021)
- Late Night with Seth Meyers (Guest, NBC, 2021)
- Have I Got News For You (Guest Host, BBC1, 2021)

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- The Lateish Show with Mo Gilligan (Guest, Channel 4, 2019 & 2021)
- SU2C: Gogglebox (Guest, Channel 4, 2021)
- Richard Osman's House of Games (Guest, BBC2, 2020)
- The Graham Norton Show (Guest, BBC1, 2020)
- Guessable (Guest, Comedy Central, 2020)
- The Russell Howard Hour (Guest, Sky1, 2020)
- The Ranganation (Guest, BBC2, 2020)
- Billy Connolly: It's Been a Pleasure (Guest, ITV, 2020)
- 8 Out Of 10 Cats Does Countdown (Guest, Channel 4, 2014-2015 & 2018-2019)
- 8 Out Of 10 Cats (Team Captain, More4 & E4, 2016-2017 & 2019)
- The Comedy Line Up (Stand Up, Netflix, 2018)
- Word of the Year (Guest, Channel 4, 2017)
- The Great British Bake Off: An Extra Slice (Guest, BBC2, 2017)
- SU2C Bake Off (Contestant, Channel 4, 2017)
- Taskmaster (Contestant, Dave, 2017)
- Travel Man (Guest, Channel 4, 2017 & 2022)
- Frank Skinner On Demand (Guest, BBC iPlayer, 2016)
- Big Fat Quiz of Everything (Guest, Channel 4, 2016)
- Very British Problems (Guest, Channel 4, 2016)
- Child Genius (Guest, Channel 4, 2016)
- Duck Quacks Don't Echo (Guest, Sky1, 2016)
- The O2 Comedy Gala (Stand Up, Channel 4, 2014 & 2016)
- Insert Name Here (Guest, BBC2, 2016-2017)
- A League of Their Own (Guest, Sky1, 2015-2016)
- Room 10 (Guest, BBC1, 2016)
- Channel 4's Alternative Election Night (Presenter, Channel 4, 2015)
- Would I Lie To You (Guest, BBC1, 2014-2015)
- Virtually Famous (Guest, BBC3, 2014)
- Celebrity Squares (Guest, ITV, 2014-2015)
- 8 Out Of 10 Cats (Guest, Channel 4, 2014)
- Live At The Apollo (Stand Up, BBC1, 2014)
- Sweat The Small Stuff (Guest, BBC3, 2013)
- Monumental (Guest, BBC NI, 2013)
- Russell Howard's Good News (Stand Up, BBC3, 2013)
- Seann Walsh's Late Night Comedy (Stand Up, BBC3, 2013)
- Don't Sit In The Front Row (Guest, Sky Atlantic, 2013)

TV – Acting

- Avoidance (Role of Megan, BBC, 2024)
- Alice & Jack (Role of Lynn, Channel 4, 2024)
- Smothered (4 Episodes, Role of Gillian, Sky Original, 2023)
- Chivalry (1 Episode, Role of Tatiana, Channel 4, 2022)
- Dr Who (1 Episode, Role of Sarah, BBC, 2022)
- This Way Up (Creator, Writer, Executive Producer & Role of Aine, Channel 4 & Hulu, 2019-2021)
- Cinderella: A Comic Relief Pantomime for Christmas (Role of Mrs Snitch, BBC2, 2020)
- Quiz (Role of Claudia Rosencrantz, ITV, 2020)
- Living With Yourself (Role of Kate Elliot, Netflix, 2019)
- State of the Union (1 Episode, Role of Anna, Sundance TV, 2019)
- Finding Joy (5 Episodes, Role of Amelia, Acorn TV, 2018)

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- I Feel Bad (1 Episode, Role of Simone, NBC, 2018)
- Plebs (1 Episode, Role of Minerva, ITV2, 2018)
- Hard Sun (5 Episodes, Role of Mari Butler, BBC1 & Hulu, 2018)
- Gap Year (2 Episodes, Role of Kendra, Channel 4, 2017)
- The Fall (4 Episodes, Role of Nurse Sheridan, Channel 4, 2016-2017)
- Damned (1 Episode, Role of Anne-Marie, Channel 4, 2016)
- Trollied (13 Episodes, Role of Charlie, Sky1, 2014-2015)
- The Delivery Man (Role of Lisa, ITV, 2015)
- BBC Comedy Feeds, Vodka Diaries (1 Episode, Role of Nic, BBC3, 2014)
- The Assets (1 Episode, Role of Kara Jensen, ABC, 2014)
- Playhouse Presents, Damned (1 Episode, Role of Toddler Woman, Sky Arts, 2014)
- The Sunny (Role of Emma, BBC Scotland, 2014)
- Quick Cuts (1 Episode, Role of Customer, BBC4, 2013)
- Very Few Fish (Role of Grainne, BBC, 2013)
- Fit (Various Roles, CBBC, 2013)
- The Town (Role of Carly, ITV, 2012)
- Trivia (6 Episodes, Role of Ruth, RTE, 2012)
- In With The Flynns (1 Episode, Role of Naimah, BBC1, 2012)
- Dead Boss (Role of Laura, BBC3, 2012)
- Cardinal Burns (5 Episodes, Role of Sally, Channel 4, 2012)
- The Savage Eye (3 Episodes, Various Roles, RTE, 2009-2011)
- Holby City (1 Episode, Role of Amelia Warner, BBC, 2011)
- Lewis (1 Episode, Role of Hotel Receptionist, ITV, 2011)
- Come Fly With Me (1 Episode, Role of Mary O'Mara, BBC1, 2011)
- Freedom (Role of Aisling, BBC, 2010)
- L.O.L. (1 Episode, Various Roles, BBC NI, 2010)
- Inn Mates (1 Episode, Role of Elf, BBC3, 2010)
- Belonging to Laura (Role of Leanne Thompson, TV3, 2009)
- Roy (1 Episode, Role of Ticket Girl, RTE & CBBX, 2009)
- We Are Klang (1 Episode, Role of Inspector, BBC, 2009)
- Fair City (3 Episodes, Role of Cliodhna Norris, RTE, 2009)

Film – Acting

- Get Away (Role of Susan, 2024)
- & Mrs (Role of Gemma, 2024)
- Swede Caroline (Role of Louise, 2024)
- Greatest Days (Role of Rachel, 2023)
- Riverdance: The Animated Adventure (Role of Margot (Voice), 2022)
- Home Sweet Home Alone (Role of Carol Mercer, 2021)
- Love Wedding Repeat (Role of Rebecca, 2019)
- Sherlock Gnomes (Role of Helen)

Writing

- This Way Up (Creator, Writer, Executive Producer and Role of Aine, Channel 4 & Hulu, 2019-2021)

Radio & Podcasts

- Parenting Hell (Guest, 2025)
- Mad, Sad and Bad with Paloma Faith (Guest, 2025)
- Smart TV Podcast with Alison Hammond (Guest, 2025)

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- Somewhere in the Skies (Guest, eOne, 2019 & 2023)
- Dish (Guest, 2023)
- Kermode & Mayo's Take (Guest, 2023)
- Trusty Hogs (Guest, 2023)
- The Laughs Of Your Life with Doireann Garrihy (Guest, 2022)
- Bookshelfie: Women's Prize for Fiction Podcast (Guest, 2022)
- Live To Tape with Johnny Pemberton (Guest, 2022)
- Mike Birbiglia's Working It Out (Guest, 2022)
- Taskmaster The Podcast (Guest, 2022)
- How Did This Get Made? (Guest, 2022)
- Talk Art (Guest, 2021)
- Comedy Bang Bang: The Podcast (Guest, Earwolf, 2021)
- Wilosophy Podcast with Will Anderson (Guest, 2021)
- The Endless Honeymoon (Guest, 2021)
- Comfort Eating with Grace Dent (Guest, The Guardian, 2021)
- Table Manners with Jessie & Lennie Ware (Guest, 2020)
- Cuddle Club (Guest, 2020)
- I Weigh with Jameela Jamil (Guest, 2020)
- An Irishman Abroad (Guest, 2019-2020)
- RHLSTP with Richard Herring (Guest, 2020)
- You Made It Weird with Pete Holmes (Guest, 2020)
- Out To Lunch with Jay Rayner (Guest, 2019)
- Take Your Shoes Off w/ Rick Glassman (Guest, 2019)
- Adulting with Michelle Buteau and Jordan Carlos (Guest, Exactly Right, 2019)
- Off Menu (Guest, Plosive, 2019)
- The Guilty Feminist (Guest, 2018-2019)
- Griefcast (Guest, 2018)
- Do The Right Thing (Guest, Fuzz Productions, 2018)
- The Adam Buxton Podcast (Guest, 2018)
- BBC Radio 2 Comedy Showcase – What is Normal? (Radio Co-Host, BBC Radio 2, 2018)
- Get It On with Dawn O'Porter (Guest, Global, 2017)
- It's Not What You Know (Radio Guest, BBC Radio 4, 2016)
- The Unbelievable Truth (Radio Guest, BBC Radio 4, 2016)
- Irish Micks and Legends (Writer & Performer, BBC Radio 4, 2012 & 2015)
- Loose Ends (Radio Guest, BBC Radio 4, 2014)
- Sabotage (Performer, BBC Radio 4 Extra, 2013)
- Josh Widdicombe (Radio Guest, XFM, 2014)

Press

The standout was Aisling Bea's set... combining high-quality routines about Covid, Ireland and Jesus in an irresistible goofball package

Guardian (Top 10 Shows Of 2020 – Number 2)

A masterclass in high-impact entertainment.

Evening Standard ★★★★★

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An hour of high-energy comedy that is puppyishly irresistible.

The Independent ★★★★★

Certainly lives up to the hype... brilliant material. ★★★★★

The List

A born comedian

Steve Bennett, Chortle ★★★★★

A physical show and at times beautifully deranged...[Bea has] utter charm that's not all down to the Irish accent.

The Herald ★★★★★

The opinions and convictions Bea smuggles into her set [...] suggest a comic who'll have meaningful things to say once she's proven, to everyone's satisfaction, that she's got being funny in the bag. On which point: job done.

The Guardian ★★★★★

A caustic, sarcastic yet hugely loveable second Fringe hour from the Irish jester.

The List ★★★★★

Aisling Bea: unstoppable confidence in bubbly, charismatic show of escapist fantasies...I'm more than happy to be in her fan club.

Bruce Dessau, Evening Standard ★★★★★

She returns with another high-energy hour of clowning about and rapid-fire delivery mixed with some astute political observation.

The Arts Desk ★★★★★

Praise for This Way Up

TV so good it's indistinguishable from magic.

The Guardian ★★★★★

Series two somehow manages to be funnier, kinder and more heartbreaking than its predecessor, and is a perfect testament to Bea's talent.

The Independent ★★★★★

A series as fiercely realistic as it is funny as it is... well, everything.

The Guardian ★★★★★

Sharp and well observed, probing the fault lines between small talk and real problems.

The Independent ★★★★★

This is a comedy about mental health that deftly preys on your fears and pricks your sympathies. At the same time there was a gratifyingly high gag rate.

The Telegraph ★★★★★

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